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istas sob Abdulmanap Nurmagedov depois de saber que Khabib j#225; er a um profissional.</p>

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Decreased sunlight can cause drops in your body#39

s production of serotonin, a brain chemical that helps to determine mood. <s

pan>Lack of light can also alter the brain#39;s balance of melatonin, a chem

ical produced during the hours of darkness that helps to govern sleep patterns a

nd mood</div></div></div></div></div></div>

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The Dangers of Winter Darkness: Weak Bones, Depression and Heart ...<

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ce-nature : dangers-winter-darkness-wea...</div><

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We are affected a great deal

by being more tired. And it#39;s very much due to our

physiological processes in the body. The sleep hormone we have called melatonin

is secreted in the body when it#39;s dark.</div></div></div></div>

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darkness</div></div>umu.se : f

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