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No futebol, as partidas de futebol, chamadas de jogos, duram 90 minutos, divididos em dois tempos iguais de 45 minutos cada. No entanto, existem algumas variações nas regras, dependendo do nível e tipo de competição. Este artigo explorará a duração das partidas de futebol oficiais, bem como as habilidades escondidas necessárias para que um jogador sobreviva aos 90 minutos de jogo.

Duração das Partidas de Futebol

As partidas oficiais de futebol duram 90 minutos, divididos em dois tempos de 45 minutos cada, com um intervalo de 15 minutos entre eles. No entanto, alguns fatores podem influenciar a duração total, como o número de pausas, lesões e substituições.

Dois partes, cada uma com

20 minutos

The enjoyment that some people get from fear is likely not from fear itself. Instead, thrills stem from the physical and emotional release that follows scary situations, according to Seeker, a division of Discovery. For some horror fans, the desire to feel fear is a manifestation of an adrenaline-seeking personality.

The Psychology of Fear: Exploring the Science Behind Horror Entertainment

online.csp.edu : resources : article : psychology-of-fear

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So why do we like it? It is a combination of an adrenaline rush and an opportunity to learn about dealing with scary situations in a safe environment, researchers say. Clasen and his colleagues identified three broad types of horror fans: adrenaline junkies, white knucklers and dark copers.

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