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Roberto Carlos, a Copa das Confederações da Fifa de 1997 e os Jogos Olímpicos de 1996. Ele é conhecido por um chute livre de 40 jardas contra a França no jogo inaugural de 1997, Roberto Carlos - Wikipedia pt.wikipedia :iki. Roberto_Carlos lenda do Real Madrid Roberto Roberto Carlo escolhe seu melhor gol, jogador do Real Madrid Roberto Carlos escolhe o seu melhor

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Among the many energy drinks available in the market, Celsius has gained a reputation as one of the strongest due to its high caffeine content. According to a recent study, Celsius has 200mg of caffeine per 16-ounce can, making it one of the strongest energy drinks available (Feraco & Grigoletto, 2024).

The use of caffeine in beverages has been traced back to ancient civilizations, where it was commonly used as a stimulant. However, it was not until the 20th century that energy drinks became popular. Today, energy drinks are marketed as dietary supplements or soft drinks with various ingredients that provide a quick energy boost (Campo et al., 2024).

Several studies have examined the effects of Celsius on the human body. Research suggests that caffeine consumption increases alertness and improves cognitive performance by blocking adenosine receptors in the brain (Nehlig, 2010). However, the effects of caffeine on the body depend on individual factors, such as age, body weight, and tolerance (Cappelletti et al., 2024).