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[Hot Peppers: - American Chemical Society](#)

The hot in hot peppers is due to capsaicin (C<sub>18</sub>H<sub>27</sub>N<sub>3</sub>O<sub>3</sub>), a colorless, odorless oil-like compound found in the fruit of a plant that is a close relative of the tomato. Capsaicin is primarily found in the membrane that holds the seeds.

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Although most people think that the hottest part of a chilli is its seeds, in fact it is the white spongy layer you find inside, called the placenta.

[Why hot chillies might be good for us - BBC News](#)

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